

New York City Council & State Legislation to Support Wellness and Mental Health

Expand Access to Mental Health and Wellness Support

- **Int. 0581-2026:** Requires the Department of Education to assess whether schools have private, safe office spaces for counselors and social workers to conduct confidential therapeutic sessions.
- **S5024:** Mandates a minimum staff-to-student ratio for counselors in K-12 schools.
- **S3007C / A3007A:** Sets aside permanent state funding to subsidize psychiatric clinics operating within public schools.
- **S6524:** Requires SUNY and CUNY to strengthen student mental health policies and assessments to intercept clinical needs before a crisis occurs.

Integrate Wellness into the Educational Experience

- **Int. 0344-2024:** Establishes standardized mental health crisis re-entry protocols.
- **Resolution 0407-2024:** Requires all future educators to complete mandatory trainings on youth mental health.
- **S6524:** Requires SUNY and CUNY to establish student wellness committees, enforce staff trainings on mental health, and create student wellness days.
- **S1008:** Establishes preventative behavioral health curriculums across NYS college campuses.

Strengthen Educator Capacity and Supportive Learning Environments

- **Int. 0692-2026:** Provides school paraprofessionals with annual workforce stabilization payments.
- **S9460 / A10498:** Funds the implementation of the class size reduction law, which caps high school academic class sizes at 25 students.
- **A3041A:** Provides mandatory mental health crisis and intervention education for K-12 building administrators.
- **S9101:** Funds dedicated grants for teachers and staff to pursue wellness initiatives and emotional support programs.

Center Student Voice in Wellness Policy and Practice

- **S6524:** Implements regular mental health surveys for college students to track the campus climate.
- **S1007:** Forms a permanent, state-level Youth Health Advisory Board to collaborate on wellness laws affecting youth.